# **Private Lesson and Coaching Policies**

Coach: Sydney Ross Ross Skate Academy LLC

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#### **Private Lesson Fees:**

• 20 min - \$20

• 30 min - \$30

• 1 hour - \$60

## • 30 min off ice - \$5 per person

- 30 min semi-private lesson \$20 per person
- 30 min group class \$10 per person

## **Semi-private Lesson Policies:**

- The rate is \$20 per skater up to a maximum of two skaters.
- If one skater does not show up, the other skater will be charged the private lesson rate.
- Semi-private lessons will only be held during 30 minute lesson blocks.

## **Cancellation Policy:**

- A 72-hour cancellation policy is in effect for private lessons. No-shows WILL BE CHARGED for the missed lesson.
- Exceptions may be made in the case of sudden illness, etc.
- For group classes a 1-week cancellation policy is in effect. Any cancellations that do not meet this deadline will be charged.

#### **Payment Policy:**

- The payment method options are: Venmo (@SydneyRoss875), personal check, or cash.
- Full payment is due at the beginning of every lesson or ahead of time at the start of each week by request.
- Scheduled lessons will not be given if there are outstanding or late payments. The outstanding bill must be paid in full to avoid lesson cancellation.
- If there are outstanding or late payments, a 20% upcharge will be added to the payment.

## **Test Fees:**

- \$40 per test (includes skater's warmup and test time)
- If travel is involved beyond the home rink, then additional fees may apply.
- These test fees cover the coach arriving 1 hour prior to the scheduled event start time, coaching the skater through the warm up, coaching the skater through the test, and reviewing the results with the skater.

NOTE: Additional testing registration fees will apply and will be paid directly to the hosting club by the parent.

## **Competition Fees:**

- \$40 per competition event
- \$30 per practice ice session
- If travel is involved beyond the home rink, then additional fees may apply.
- These competition fees cover the coach arriving 1 hour prior to the scheduled competition event start time, coaching the skater through warm-up, coaching the skater through the competition, and reviewing the results with the skater. NOTE: Additional testing registration fees will apply and will be paid directly to the hosting club by the parent.

#### **Music Fees:**

• \$25 per music cut

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#### **Travel Fees:**

- If travel is involved beyond the home rink of Haynes Pavilion in Bozeman, MT, then these additional fees apply.
- Travel expenses for Coach Sydney including, but not limited to:
  - Coach Transportation cost of flight or car mileage matching the IRS mileage rate for the year in which travel took place
  - Coach Lodging
  - Coach Food
- These expenses will be billed in an invoice to the parents of the skater no later than 30 days after the date of the competition.
- These expenses will be divided among the skaters that participate in the events where travel is required. These expenses will be divided based on the skater's coaching time. For example, if Skater A arrives on Monday and receives coaching time, but Skater B does not receive coaching time until Thursday, Skater B will not pay for coach living expenses for Monday-Wednesday.

## **Skater Responsibilities:**

- Adhere to the Ice Etiquette Expectations.
- Have a good attitude when taking the ice.
- Bring a copy of each piece of music to the ice.
- Skaters will be responsible for their actions, reputation, and their own improvement including communicating with their coach.
- Skaters will be responsible for remembering their choreography.
- Skaters must be on time for their lessons. If a skater is not on time, they will be bumped out of their lesson slot or given just the remainder of their lesson with full payment responsibilities.
- Skaters must warm up properly before each ice session.
- Understand and follow all RSA policies and procedures.

#### **Parent Responsibilities:**

- Adhere to and respect the Ice Etiquette Expectations.
- Help to get your skater to the rink on time and be ready for a fun and productive time on the ice.
- Communicate any and all concerns, changes, injuries, questions, etc. with your coach in a respectful manner.
- Register the skater for the necessary events on time.
- Pay ice fees, coaching fees, and event fees on time.
- Understand and follow all RSA policies and procedures.
- Emphasize personal improvement and define success as giving maximum effort.

## **Coach Responsibilities:**

- My coaching focus is helping the skater grow on the ice and develop a life-long passion for skating.
- Respecting each skater's goals and working together with the skater and their parent(s) to support them in their ice skating journey.
- Communicate any and all concerns, changes, injuries, questions, etc. in a respectful and professional manner.
- Uphold all SafeSport, US Figure Skating, and PSA guidelines.
- Understand and follow all RSA policies and procedures.

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## **Ice Etiquette Expectations**

**Coach: Sydney Ross** 

- The rules, etiquette, and expectations for an individual rink must be obeyed and upheld.
- Before entering the ice, the skater or the skater's parent must pay for the session.
- Video recording of another skater or child is prohibited.
- The skater in the program whose music is playing has the absolute right-of-way.
- Skaters in lessons or on the jump harness have the second right-of-way.
- Stopping or standing is not allowed on the ice, however, skaters and coaches may stop or stand next to the ice rink boards.
- Audio headphones may not be worn on the ice, however coaches working on choreography may use headphones for that limited purpose.
- Skaters must wait their turn to have their program played. Programs shall be played according to the order in the music box, however skaters in lessons will have priority placement. Skaters may play their music once per session or until all skaters have played their own music. All programs shall be played from start to finish unless otherwise specified by the coach.
- Slower skaters should yield to faster, more experienced skaters.
- Faster, more experienced skaters must watch out for slower, less experienced skaters.
- Skaters shall not kick, hit, or lay on the ice nor should skaters block for another skater.
- Skaters shall not say profanity in the ice arena.
- Skaters will not yell "excuse me" or "program" at other skaters unless dictated by the coach or in a program. These will be used as a last resort.
- If an accident does occur, the skater will be kind, compassionate, and apologetic.
- Skaters shall respect other coaches, parents, officials, and skaters.
- Skaters shall be accountable for their actions.
- Skaters will respect the coach and their time and the coach will do the same for the skater.
- Skaters will not be on electronic devices while on the ice. The only electronic devices used on a session should be for music playing purposes in the music box.
- Skaters will be 100% focused on every session they skate.
- Skaters will have fun!

# **About Sydney Ross:**

I am a United States Figure Skating certified, insured, and Safe Sport Compliant Coach with four USFS Gold Medals in Moves in the Field, Freestyle, Ice Dance, and Free Dance. I teach beginning to advanced skaters of all ages and abilities through private or group lessons in Freestyle, Moves in the Field, Ice Dance, Free Dance, Choreography, Off-Ice Strength Training, and Power Skating. I started skating when I was two years old. After trying many different sports, I realized how much I loved skating. My sister is also a competitive figure skater, and I cherish the times I can skate with her. I am a student at Montana State University majoring in Biological Engineering. When I am not at the rink I love to snowshoe, read, watch Star Wars, and spend time with my sister.



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